

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>DIMENSIONS OF WELLNESS</p> <ul style="list-style-type: none"> Physical Emotional Spiritual Environmental Creative Arts Social Intellectual Purposeful 						
	<p>Prayer Group Meets Daily at 9:00AM</p> <p>Walking Club Meets Daily at 1:30 PM</p>				<p> 9:30 Yoga and Meditation</p> <p> 10:15 Coffee Club Meets</p> <p> 11:00 What Am I?</p> <p> 2:00 Decorating Committee</p> <p> 6:00 Evening Devotions</p>	<p> 9:30 Walking Club</p> <p> 10:15 Saturday Social</p> <p> 11:00 Bible Study</p> <p> 2:00 Theatre Club Meets</p> <p> 3:30 Scrabble Club</p> <p> 6:00 Saturday Mass</p>
3	4	5	6	7	8	9
<p> 9:30 Mini Golf</p> <p> 10:15 Creative Writing</p> <p> 11:00 Jeopardy</p> <p> 2:00 Church Service</p> <p> 3:30 Nature Series</p> <p> 6:00 Puzzle Club</p>	<p> 9:30 Chair Cardio</p> <p> 10:15 Mindfulness Mondays</p> <p> 11:00 Name that Candy</p> <p> 2:00 Baking Club</p> <p> 3:30 Name the Nature Sound</p> <p> 6:00 Wacky Wordies</p>	<p> 9:30 Yoga and Meditation</p> <p> 10:15 Book Club</p> <p> 11:00 Trivia with Tom</p> <p> 2:00 Flower Arranging</p> <p> 3:30 Volunteer Ceremony</p> <p> 6:00 Word Contest</p>	<p> 9:30 Cornhole Tournament</p> <p> 10:15 Love on a Leash Visits</p> <p> 11:00 Bingo</p> <p> 2:00 Resident Volunteer Meeting</p> <p> 3:30 Scenic Drive</p> <p> 6:00 Movie Night</p>	<p> 9:30 Dance Fitness Craft:</p> <p> 10:15 Floral Wreath</p> <p> 11:00 Family Feud</p> <p> 2:00 Cookies for Cops</p> <p> 3:30 Delivering Cookies to Police</p> <p> 6:00 Bridge Club</p>	<p> 9:30 Yoga and Meditation</p> <p> 10:15 Making Lemon Bars</p> <p> 11:00 Bingo</p> <p> 2:00 Lemon Day Party</p> <p> 3:30 Grow A Lemon Tree</p> <p> 6:00 Evening Devotions</p>	<p> 9:30 Walking Club</p> <p> 10:15 Saturday Social</p> <p> 11:00 Bible Study</p> <p> 2:00 Theatre Club Meets</p> <p> 3:30 Scrabble Club</p> <p> 6:00 Saturday Mass</p>
10	11	12	13	14	15	16
<p> 9:30 Volleyball</p> <p> 10:15 Painting for Beginners</p> <p> 11:00 This or That Trivia</p> <p> 2:00 Church Service</p> <p> 3:00 Nature Series: Apiary</p> <p> 6:00 Movie with Friends</p>	<p> 9:30 Chair Cardio</p> <p> 10:15 Mindfulness Mondays</p> <p> 11:00 Twisted Word Games</p> <p> 2:00 Karaoke Party</p> <p> 3:30 Shuffleboard</p> <p> 6:00 Men's Poker Club</p> <p> 6:00 Lady's Tea Social</p>	<p> 9:30 Yoga and Meditation</p> <p> 10:15 Book Club</p> <p> 11:00 Wheel of Fortune:</p> <p> 2:00 Blankets for Homeless</p> <p> 3:30 Making Clay Coffee Mugs</p> <p> 6:00 Word Contest</p>	<p> 9:30 Bowling Club</p> <p> 10:15 Cards for Kids</p> <p> 11:00 Bingo</p> <p> 2:00 Shopping at Aldi</p> <p> 3:30 Rummikub</p> <p> 6:00 Movie Night</p>	<p> 9:30 Dance Fitness</p> <p> 10:15 Poetry Club</p> <p> 11:00 Word Scramble</p> <p> 2:00 Baking: Cookies</p> <p> 3:30 Craft: Making Soap</p> <p> 6:00 Bridge Club</p>	<p> 9:30 Yoga and Meditation</p> <p> 10:15 Board Game Club</p> <p> 11:00 Bingo</p> <p> 2:00 Making Cheesy Snacks</p> <p> 3:30 Cheese Party/ Photo Booth</p> <p> 6:00 Movie Night: "Mouse Hunt"</p> <p> 6:00 Evening Devotions</p>	<p> 9:30 Walking Club</p> <p> 10:15 Saturday Social</p> <p> 11:00 Bible Study</p> <p> 2:00 Theatre Club Meets</p> <p> 3:30 Scrabble Club</p> <p> 6:00 Saturday Mass</p>
17	18	19	20	21	22	23
<p> 9:30 Bean Bag Twister</p> <p> 10:15 Drawing For Beginners</p> <p> 11:00 Famous Faces</p> <p> 2:00 Church Service</p> <p> 3:30 Nature Series: Ocean</p> <p> 6:00 Puzzle Club</p>	<p> 9:30 Chair Cardio</p> <p> 10:15 Mindfulness Mondays</p> <p> 11:00 Armchair Travels: Peru</p> <p> 2:00 Making Dog Toys</p> <p> 3:30 Penny Ante</p> <p> 6:00 Lifetime Learning Lecture</p>	<p> 9:30 Yoga and Meditation</p> <p> 10:15 Book Club</p> <p> 11:00 History of the Redwoods</p> <p> 2:00 Activity Committee</p> <p> 3:30 UNO</p> <p> 6:00 Word Contest</p>	<p> 9:30 Cornhole Tournament</p> <p> 10:15 Love on a Leash Visits</p> <p> 11:00 Bingo</p> <p> 12:15 Lunch at Olive Garden</p> <p> 2:00 Resident Council</p> <p> 6:00 Movie Night</p>	<p> 9:30 Dance Fitness</p> <p> 10:15 Banner Contest</p> <p> 11:00 Name that Team</p> <p> 2:00 Free Throw Shootout</p> <p> 3:30 Basketball Party</p> <p> 6:00 Bridge Club</p>	<p> 9:30 Yoga and Meditation</p> <p> 10:15 Piano & Painting</p> <p> 11:00 Bingo</p> <p> 2:00 Cards for Caregivers</p> <p> 3:30 Bead Art</p> <p> 5:00 Family Mystery Dinner Party</p> <p> 6:00 Evening Devotions</p>	<p> 9:30 Walking Club</p> <p> 10:15 Saturday Social</p> <p> 11:00 Bible Study</p> <p> 12:00 Men's Lunch Group</p> <p> 2:00 Theatre Club</p> <p> 3:30 Scrabble Club</p> <p> 6:00 Saturday Mass</p>
24	25	26	27	28	29	30
<p> 9:30 Minuteto Win It Games</p> <p> 10:15 Sing with Sue</p> <p> 11:00 Dice Club</p> <p> 2:00 Church Service</p> <p> 3:30 Nature Series: Rainforest</p> <p> 6:00 Movie with Friends</p>	<p> 9:30 Chair Cardio</p> <p> 10:15 Mindfulness Mondays</p> <p> 11:00 Did you Know?</p> <p> 2:00 Bingo Store</p> <p> 3:30 Euchre</p> <p> 6:00 Adult Coloring Art Contest</p>	<p> 9:30 Yoga and Meditation</p> <p> 10:15 Book Club Making</p> <p> 11:00 Eggnog</p> <p> 2:00 Scrapbooking Club</p> <p> 3:30 Indoor Herb Gardens</p> <p> 6:00 Word Contest</p>	<p> 9:30 Bowling Club</p> <p> 10:15 Hymns with Hank</p> <p> 11:00 Bingo</p> <p> 2:00 Trip to City Museum</p> <p> 6:00 Movie Night</p>	<p> 9:30 Dance Fitness</p> <p> 10:15 Music with Bill</p> <p> 11:00 Who Am I?</p> <p> 2:00 Crochet Club</p> <p> 3:30 Rummikub</p> <p> 6:00 Bridge Club</p>	<p> 9:30 Yoga and Meditation</p> <p> 10:15 Jewelry Making</p> <p> 11:00 Bingo</p> <p> 2:00 Drumming Hour Happy</p> <p> 3:30 Hour With Music</p> <p> 6:00 Evening Devotions</p>	<p> 9:30 Walking Club</p> <p> 10:15 Saturday Social</p> <p> 11:00 Bible Study</p> <p> 2:00 Creative Writing</p> <p> 3:30 Scrabble Club</p> <p> 6:00 Saturday Mass</p>