

COVID-19 SOCIAL DISTANCING

AVOID CROWDS:

- Consider skipping large events
- Have your groceries and prescriptions delivered

DISTANCE YOURSELF FROM OTHERS:

- Keep contact to a minimum
- Do not shake hands or hug

AVOID USING HIGH-TOUCH SURFACES:

- Avoid elevator buttons, light switches, door handles, handrails and credit card machines
- Cover your finger with your sleeve or tissue before touching and throw tissue away immediately

WASH YOUR HANDS OFTEN:

- Use soap and water
- Lather for 20 seconds

CLEAN AND DISINFECT YOUR HOME OFTEN:

- Especially door handles, sinks and your cell phone

TIPS TO PRACTICE IN THE WORKPLACE:

- Limit face-to-face meetings, use remote meeting tools like conference calls, FaceTime, or other chat options
- Create alternate work environments that expand the distance between associates
- Place hand sanitizer in common areas and encourage associates to frequently wash their hands
- Invest in disinfectant spray and wipes. Encourage associates to clean their workspaces frequently

